

Joseph's Introduction and Comments on Raising Collective Consciousness of the Planet

(This excerpt is taken from the public trance demonstration that took place on 19th June 2009 at the Sanctuary of Healing, near Blackburn where members of the audience were given the opportunity to ask Joseph questions relating to spiritual topics)

Joseph's introduction: Some of you have come a long way this evening and I thank you for doing so. I have come *a slightly longer way* but it is a delight to be here and to be able to serve you.

Michael often feels he can second guess how I am going to open proceedings but he can't and that frustrates him. He likes to be in control and what a strange life he lives as control is taken away from him at times like this and he has no conscious memory of what he has done or what he is going to say.

My reason for coming back - my reason for contacting the Earth plane again - is a simple one: **I CARE**. Hundreds, thousands, millions like me care and we are worried. We are worried about the state of the planet; we are worried about the state of the human condition; we are worried about people's minds, people's actions; we are worried about the thick tar of physical reality that surrounds people that prevents them from seeing through to their spiritual core and acting always from that spiritual core.

Ladies and Gentlemen, things are bad, things are getting worse! There are pinpoints of light around your globe but we need to nourish those pinpoints of light, we need to expand those pinpoints of light into earthly reality to banish the darkness, to banish the violence, to banish the upset, the pain, the lack of understanding. And this is why I return.

Communication is difficult, it is difficult at best because you are surrounded by the thoughts of millions who do not want to believe or accept or look at the things that you are looking at this evening. Nevertheless they are true, which is why I come back. As I said at the last demonstration, this is not about me, it is about the information that I (and the millions on the spirit side of life in the spirit spheres) can offer you at times like this for which we are incredibly, wonderfully grateful. Thank you so much.

I would like to invite your questions – who wants to talk to me?

Debra Brown: I would please, I am Debra. If you were to advise us of the one thing that would have the biggest impact on raising consciousness on this planet, what would it be?

Joseph: Light! The one thing that will raise consciousness on this planet is light; to see the light that you have within yourself but - not only that - to see the light that everyone else has within themselves. To recognise the light, to ignore the darkness; in doing that you draw the light out of others, you remind them of who they are, you set alight that soul-path that is constantly calling to them but they cannot usually hear it.

You might say that the one factor that is missing from this world is love. The two are interchangeable, the two are the same thing: Light is Love, Love is Light.

For you to wake up in a morning and have a day of light, to project light into your workday, to project light into your dealings with your friends, with your family, with your workmates and also and particularly with those you do not like. To project light to those you do not like, to project light to those you see on your news programs that cause you so much pain. Ignore the surface, ignore the darkness - reach in and project the light from yourself to the light within them. Ignite that light and the planet will begin to reassert itself as the Eden it once was. You as souls will begin to reassert yourselves as God's children in full knowledge of that fact.

The incredible, the wonderful, the joyful thing about light is that light changes *now!* People say: *'What can I do?'* Everything - you can do everything by wielding, by using, by directing light. You may not see the results of your actions instantly but they are there, you are nurturing the seed within the people that you direct the light to. When at the moment you nurture the darkness, you say: *'What a terrible person, what a terrible act. I would lock them away, throw away the key, I despise what they are doing therefore I despise them.'* And in doing that you add not light but darkness, confusion, heaviness - the tar that I spoke of earlier.

Forgive me becoming agitated. You asked the question, Debra, does that answer the question?

Debra: Yes, thank you.

Joseph on the Question of What is the Field

(Question from the public trance demonstration at the Sanctuary of Healing on 19th June 2009)

Sergio Salazzo: Joseph, can you explain about '*the Field*' that you have been referring to. What is the Field?

Joseph: To explain the Field we have to explain what you are and why originally you were here. What are you - you are light. Also you are angelic - if you understand that: you talk of angels and have books about angels, you revere angels, you pray to angels. **You are angels.**

Originally as angelic beings you were given an area (that is an approximation in words for something I cannot build in words) - you were given an area in which to experience yourself, in which to experience other aspects of yourself. At that time you were totally aware of who you were, totally aware of your connection to God and totally aware of your ability as part of God – as God's issuing, as God's children if you like – you were totally aware of your ability to create. And into this sphere, this *realm of potential* you came ready to create, ready to have your '*games*', ready to be actors and actresses in a '*play*', ready to work out a million and one different scenarios that will bring you experience that you would take back to the Godhead . And if, for example, you thought that you needed a stick that stick would manifest in front of you because you create because you were an angelic being.

Because of the Fall – which is something I have mentioned in the books thus far which will be covered in greater detail at a later date (if I can hold on to Michael and he doesn't drop dead at my feet) - because of the Field ..shift in judgment, you as angelic beings masked your connection to God. You forgot who you were, you forgot what you were capable of and yet - because you are God and part of God, a child of God - you still created, you still create. But you chose to put in this *matrix of potential* from that time onwards, creations of fear, creations of mistrust, creations of violence, creations of lack.

And so all you see around you is your creation ultimately as a mass as a group of souls inhabiting an area of reality. The Field is that matrix of potential and the Field is what needs to change in order for the Earth to become the wonderful, glorious living playground that it once was.

Every day you contribute each of you to the Field via your thoughts second by second. What are your thoughts; if you review today what have your thoughts been? Have they been thoughts of anxiety? – They go out into the Field. Have they been thoughts of fear? – They go out into the Field. Have they been thoughts of irritation? – They go out into the Field. They help to maintain the Field at its negative setting.

Your mission, the reason (whether you are aware of it or not) that you are here tonight is to reset yourself and the Field; to remember that you are part of God, to remember that you are angelic in origins and to remember - most importantly - **as you think, as**

you believe so you create. You pour into the Field that which you believe to be true and you have millions of souls who believe the Field - i.e. the reality that you perceive around you - to be a terrible place; minute by minute you say: *'It is a terrible place!'* and you maintain it as a terrible place.

The Field is your – *'plaything'* is the wrong word – the Field is an extension of what you are; it is a Field of perceived reality that is anything but because reality comes from within each of you and that Field needs to change and you and others like you are the ones who will change it. Is that sufficient?

Sergio: Yes, thank you

Joseph on the Question of How to Discern whether Channelled Material is Correct

(Question from the Trance Demonstration at the Sanctuary on 16th December, 2009)

Debra Brown: There are many channellers in the world and how can we discern who and what information is actually right?

Joseph: This is a difficult question for me and one which I have attempted to answer in the past. The short answer is: any information that is given should have a *resonance* with you; it should - rather than be thought about in the correct way - be *felt* in the correct way.

There are many points of view in the spirit world, there are many people who would like to contact (and do contact) the Earth level of consciousness. You have to remember though that they create their own worlds (as you will as you walk up the spiritual steps of progression) and so their perspective is influenced by the world that they have created. On the lower levels (and I do not mean lower in a derogatory way) the souls who are learning to create have only their unique perspective to draw on. If they choose to create their vision of Heaven, that is what they have to draw on and transmit to the Earth plane. As they lose more of their individual perspective (but not their individuality) they begin to link up with other souls and their perspective changes; they are still creating their own world but it is a world that they begin to share with others. They gravitate towards others who have the same ideals, the same perspective, the same goals. So there is a shared knowledge and they begin to function as part of what they already are, which is a group soul. That group soul, because it is made up of hundreds, thousands, millions of individuals, has a richer perspective, a richer sight into what lies beyond and what has gone before.

Therefore you find that channelled information comes from group souls, comes from elevated spirits (and I do not mean elevated in a grandiose way - it is simply a fact) They have experienced more, they have gone on further and they have a different perspective, which is not as individually biased as it would be on a lower level of consciousness.

So you have many communicators vying for your attention, do you not, including those who are of a rather baser nature who will attempt to communicate any way they can – through a Ouija board, through chaos being brought in the form of phenomena. Would you listen to them? What is it that stops you from listening to that low form of communication? It is your heart, it is your intuition. It is that part of you that says: ‘This is wrong.’ Similarly when you are receiving information that resonates, your heart says: ‘This is right’ - not your mind but your heart and so you have to listen to your heart.

You also have to understand that, as your heart accumulates more experience, your perspective changes and the information that was given to you on Tuesday may not be the right information for you on Thursday because your viewpoint will have elevated itself and you will have filtered out of that information those aspects of that information that do not resonate with you.

I cannot and will not put down another person's point of view - were I to do so it would become '*the Joseph show*', it would become Joseph's point of view only. All I can say to you in talking about the communication that I bring through is that I am not alone in bringing it through. I am part of a group soul that consists of millions of souls and those millions of souls have elevated themselves to such a height that they can see certain things that the souls below them cannot *yet* see (they will one day but cannot yet see). Therefore, I am presenting knowledge that comes to me in collaboration with millions of other souls who share that point of view. Also the knowledge that comes to me and to the other souls in the group is filtered from a higher group soul and that group soul filters information from a higher group soul. So we feed you information in instalments because that is how the information (apart from our own perspective) is brought to us - in instalments when we are ready, when the heart is opened a little more.

You should always test the communication that comes through to you; you should always look at it carefully and see whether you feel comfortable with it. That is not to say that if you are discomfited by it that it is wrong - it is simply *perhaps* that you have not reached that point yet at which it will seem comfortable to you. If you feel that a barrier goes up instantly with you when you are reading something or watching someone then take notice of your own soul telling you what you are ready for and what you are not ready for. And above all use (if you are using your physical mind) logic - 'Does the information I am being given make sense? Does the way in which it is being presented seem right? Is there the Divine in the equation? Has God been invoked? Is God in the midst of this communication? Is this communication to do with personality or spirit evolution? Is it to do with light or is it a cult situation, a club situation, where you are invited in but then when you get in you are not allowed (within the dictates of that information) to consider anything else?'

You are on a journey, knowledge is a journey, spiritual knowledge is a journey but you always have your own guard in your chest and you must go to that guard and say: 'Does this feel right?' If it does embrace it until it feels wrong. If it doesn't - push it away until it feels right. Or it may never feel right.

Do not look outside of yourself for protection in communicating with spirits, with God, with the spirit realms. Look inside - you are connected to God and God will tell you what is right and what is wrong and will protect you always if you go along that route. Is that sufficient information?

Debra: That is wonderful, thank you very much.

Joseph on the Question of God

(Question from the public trance demonstration at the Sanctuary of Healing on 3rd June 2009)

Joe Hellak: You mentioned the word ‘*God*’ many times Joseph, which is a word that doesn’t sit comfortably with a lot of people. How should we conceive God - or is that purely an individual thing?

Joseph: You come from Divine Consciousness. You *are* Divine Consciousness. On a God-level there is nothing else but Divine Consciousness.

It hurts us to realise that people are uncomfortable with the term ‘*God*’ but they are uncomfortable with the term ‘*God*’ either because they have approached God through religion and found Him wanting or because they look at the world with physical eyes and say: ‘*There cannot be a God – if there was a God such things would not exist*’.

Well, such things would not exist if **WE ALL CHANGED OUR MINDS**. Nothing to do with God, not God’s fault! Not God’s fault! And many religions build around their image of God rules:

Do this or God will be upset!

Don’t do this and God will reward you!

Do not talk to these people!

Do not embrace those people!

Do not think outside of our rules!

And those who are brainwashed by such religions look at God and think: ‘*What a terrible God. How can God be like this?*’

God is not like this. **GOD IS. YOU ARE.** That is all there is to creation.

That is all there is to everything: *God is. You are.* You exist to experience on behalf of yourself and on behalf of God. Everything else is where it gets muddy, everything else is where it goes wrong. We have to bring back to mankind the concept of there being ‘*an issuer*’ - a Father that brought us forth but a Father that is also us.

We have to bring that concept back because with Godlessness, you have the society that you see in front of you. But it is a difficult task because, in connecting people with God in the right way, you have to strip away their misconceptions, their preconceptions and their disbeliefs. ‘*I cannot see God!*’ say the atheists and they see nothing but God in front of them and within themselves and they will continue to exist when they pass from this life despite themselves. What a shock and so much work that needs to be done in order to bring them around to the concept that they are:

1) Still alive

2) That God exists and is part of them and *is* them.

When we deny God we deny ourselves, we deny what we are and there is so much fear of being more than the individual on this level of consciousness, of being anything more than one point. As I stand talking to you, I am also viewing myself

talking to you through your eyes. As I stand talking to you I also sit at home in my level (on my illusion that I can collapse at any time and go into *the no-thing*).

I cannot hurt you, I cannot call you, I cannot judge you because I am you and I am God and you are God. God is not the property of priests, God is not the property of elite religions. **God is you and you are part of each other for ever and ever and ever. Amen.**

Have I answered your question?

Joe: Yes, thank you.

Joseph on what Mankind can do to Save the Planet

(Question from the public trance demonstration at the Sanctuary of Healing on 3rd June 2009)

Mike Sly: I would like to ask a question about the condition of planet and you made reference to that at the beginning. As individuals we may feel limited in our capacity to influence the continued damage that is being caused to the planet. What are your views on what mankind can or can't do collectively at this stage?

Joseph: If mankind was to recognise its God inheritance the planet would change instantly!

It is unfortunate that the Field puts perceived limitations on you: *'I can do this perhaps but I can never do that'*. And that in itself is creation: *I can do this perhaps* means that you create your ability to do this perhaps. *I can never do that* means that you create an ability to never do that.

You are God - each of you in here is God (and at the core there is no *each of you* - there is simply God experiencing His Universe from different view points). God creates; it is God's nature to create. It is your nature to create; you create daily. Unfortunately because of the dominant thoughts in this matrix of thought - this Field that surrounds you - you create more of the same: you create more unrest, you create more disease, you create more poverty because you expect these things. You are told that these things are true therefore that is the way it must be and you perpetuate the myth, you perpetuate *the bad dream*.

In order to change this world you have to change your outlook, you have to believe in and see the world *you want* and you have to be very strong and very brave and you have to look at your news programs and say, *'That is one point of view but it is not my point of view!'* When the person in the street says that you are not looking well today, you say, *'That is one point of view but it is not my point of view!'* And you begin to use the light that you inherit to change things.

The world needs a makeover, the world needs the love that Michael was talking about initially. The world needs love and I look through Michael's eyes and I see his disgust when he sees people dropping cigarettes on the tarmac or throwing litter on the floor because the world is a spirit, the world is alive and - more to the point - the world is God and the world is part of you.

The world needs protecting and loving. When was the last time we said, *'Thank you Earth today for sustaining me, for sustaining my life, for giving me the oxygen I need to breath whilst I am alive on this level, for giving me beautiful vistas, for continuing to turn in space so that I can stand upright'*? So few say these things, so few realise these things and it is your task, *our task*, to make the difference by thinking differently.

We run around as human beings and say, *'I must do something. I must do something!'* No, you must *be* something: you must be the person who thinks differently; before *doing* there is *being*.

You become the light that changes the world through your meditations, through your thoughts and through what you say to others. And you change things where you can, you become brave enough to point out that there is another way, you become brave enough to say: '*The Earth is alive*' and many will laugh at you. It doesn't matter, some of that seed will go in and in certain people it will begin to grow and that is how you change the world.

The world is in a very depleted state because mankind is in a very depleted state. Why? Because that is how mankind *thinks*. Someone has to think differently and it may as well be you, and you, and you, and you. It starts now, it starts here! If you want to change your world - change it, see it, dream it, be it, become it, create it!

Forgive my soap box attitude but this is a very passionate subject to me. Does that answer your question?

Mike: Yes, thank you.